



## APRIL 2009: this April we muse over:

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### Business Profile



#### Ambient Place:

Relax under open thatch in our stylishly decorated self-catering apartment and enjoy comfortable accommodation in this convenient area. Suitable for short or long stays, business or holiday, 1 or 2 persons.

Choose between king size or twin beds. Use of own private entrance, with off-street parking behind automated gates. Doors from the open plan lounge & kitchen lead onto a sunny garden and patio area.

Modern well equipped kitchen with microwave, 2 plate stove, bar fridge, toaster & kettle will provide for your self catering needs.

A large ceiling fan provides cooling in summer. A heater & cozy electric blankets, warmth in winter.

The room is serviced weekly and a laundry service is available on request.

Facilities also include: Satellite TV, clock radio, hair dryer, lockable safe, all linen & towels.

**Contact:** Rachel Wessels

**Tel:** +27 (0) 21 531 4915

**Email:** [rachel@tiscali.co.za](mailto:rachel@tiscali.co.za)

**Web:** [www.capestay.co.za/ambientplace](http://www.capestay.co.za/ambientplace)



### Adopt-a-Pet

Help find these pets a loving home:

See adoption details below:



### The Out & About guide



#### South African Cheese Festival

The SA Cheese Festival which has become synonymous with superb and daring culinary experiences is once again scheduled to provide foodies from all over with a respite from the rush of life in the city.

**Date/Time:** 24 – 27 April 2009.

**Venue:** Bien Donné farm between Paarl and Franschhoek.

**Cost:** Tickets to be purchased beforehand at Computicket and Checkers stores. NO TICKETS AT THE GATES.

**Contact:** [www.computicket.com](http://www.computicket.com).

#### CT International Jazz Festival

The festival's winning formula of bringing more than 40 international and local artists to perform over two days on five stages has earned it the status of being the most prestigious event on the African continent.

**Date/Time:** Fri 3rd April 2009 & Sat 4th April 2009. Times to be announced.

**Venue:** CTICC.

**Cost:** Weekend Pass: R485; Day Pass: R330.

**Contact:** [www.computicket.com](http://www.computicket.com).

#### Pinelands Athletic Club - CRAFT MARKET

Pinelands Athletics Club will once again be hosting a Craft market/Car Boot sale as well as their 5x6 Company Relay. Eastern Food, Boerie Rolls, Plants, Homecrafts, Soaps, Pony Rides, Games, Beer Garden, Bric-a-Brac, Cakes, Jewellery and much more!

**Date/Time:** Saturday 4 April, 10am - 4pm.

**Venue:** Lower Oval, Pinelands.



### Get Cooking!



#### Roasted Butternut & Cous Cous Salad | Serves 6-8 people

##### Ingredients:

- 500g peeled, cubed and roasted butternut
- 500g peeled, cubed roasted carrot
- 100ml orange juice
- 1 cup raisins plumped up in orange juice (above)
- Finely grated rind of 2 oranges
- 1/3 cup extra virgin olive oil
- 1 cup slivered almonds - toasted
- 1 pkt roughly chopped coriander
- Salt and pepper

##### Cous Cous:

- 2 cups couscous
- 2 cups water
- 1-2 tsp salt
- 4 TBS olive oil

##### Method:

1. Prepare all the ingredients for the salad.
2. Bring the water in a pot to the boil, add salt. Take off heat and add the couscous to the pot. Leave the couscous to soften in the hot water for about 10 mins. Fork up the couscous, breaking down any lumps and return to the heat, add olive oil and check the seasoning. Leave to cool.
3. Mix all the ingredients together, check the seasoning and serve the salad garnished with the fresh coriander.

##### Recipe by:

Clare Bock of [Appetite Catering](#).

★ **Tinkle (Siamese cross, 1 - Spayed)**



If I had a cellphone I'd give you a tinkle... kitty love & affection on you I would sprinkle... just pick me up & take me home!

★ **Benjee (Basset Hound, 3 - Neutered)**



Did you say BALL? Where? Where? I love to fetch balls!! So lend me a ball & I'll lend you an ear & I'll try not to howl outta key...

★ **Bones (Jack Russel cross, 4 months)**



I'm a playful puppy who loves to be held. So if there's a place in your heart & home for me, we meet & talk... or just cuddle!

★ **Kittens (Different breeds, 6 weeks)**



We are kittens of about 6 weeks who need loving homes. Adoptions levels have dropped so tell your friends about us!

**Contacts:**

**Physical Address:** 90 Bofors Circle, Epping 2

**Email:** [jolenne.laughton69@gmail.com](mailto:jolenne.laughton69@gmail.com)

**Tel:** 021 534 6426 **Web:** [www.animasure.com](http://www.animasure.com)

**Adoption Fees • Adult Cats:** R95-Incl. vac & sterilisation for a year • **Small Dogs/Puppies:** R300 • **Large Dogs:** R400-Both incl. sterilization

**Not looking to adopt but would like to help?**

The Animal Anti-Cruelty League are always looking for reliable volunteers on a daily basis!

**Cost:** Free.

**Contact:** Hayley Smith, 082 774 0228, [stormsky@mweb.co.za](mailto:stormsky@mweb.co.za)

**Pizza Making for Kidz**

Your 6 - 12 yr old will love this workshop. get down there and get cooking.

**Date/Time:** Thur 9, 16 April. 9.30am-12.30pm.

**Venue:** Millstone Farmstall & Cafe, Oude Molen Eco Village.

**Cost:** R65 per child with a light snack included.

**Contact:** 021 447 8226, Tuesday to Sunday only.

**McLaren Circus**

The highly-rated, 90 min show includes illusion, balancing acts, acrobats, single trapeze, clowns, contortion and magic as well as performing animals.

**Date/Time:** Ends 14 April, 3pm and 7.30pm

**Venue:** West Coast Shopping Centre, Parklands.

**Cost:** R40, R50 and R60.

**Contact:** 082 747 5726,

[www.mclarencircus.co.za](http://www.mclarencircus.co.za).

**Rumpelstilskin**

The Lilliput Children's Theatre Company will be performing a brand-new show. It will be staged in the main theatre area and is ideal for 2-11 yr olds or the young at heart.

**Date/Time:** Friday 4 - 14 April.

**Venue:** Baxter Theatre.

**Cost:** R32 pp.

**Contact:** 083 915 8000, for school block bookings or queries call Elton 083 364 8284..



Voice your Ideas

Email us your suggestions... What would you like to see on the monthly Muse? ...[Email us](#).

Be Amused!

[Click Here for the Amusement of the month](#)

Timing is Everything!

<b>Pinelands Library:</b>	<b>Clicks Pharmacy:</b>
Mon: 9h30 -20h00	(Central Square)
Tues: 9h30 -17h30	Weekdays: 8h30 -
Wed: 12h00 - 20h00	20h00
Thurs: 9h30 - 17h30	Sat: 8h30 - 20h00
Fri: 9h30 - 17h30	Sun: 9h00 - 20h00
Sat: 9h30 - 12h00	Public Hol: 9h00 -
	20h00

**Barnett's Pharmacy:**

(Howard Centre)

Weekdays: 8h30 - 20h00

Sat: 8h30 - 13h00

Sun: 9h00 - 13h00

Public Hol: 9h00 -

13h00

**RECYCLING DEPOTS:**  
[Times / Locations etc.](#)



**Upward Sports Soccer Clinic**

**Venue:** Pinehurst Primary School (The Green School) - Rheeziicht Ave, Pinelands

**Date:** Monday 6 April - Wednesday 9 April

**Time:** 08h00 - 11h00

**Cost:** R90 per child (includes a small kit)

**Contact:** Lester or Phillip at 021 531 3922

Please bring a snack and a drink..



PINELANDS RESIDENTS AND RATEPAYERS ASSOCIATION

The Ratepayers have had concerns expressed about the rezoning of the Old Police Station to business use for the purpose of erecting a multi storey block. This is in the Heritage Area and it is felt by some to be inappropriate to erect a modern building there. We do not know how many Pinelands residents have views on this but short summary follows of what appeared in the press:

Pinelands Old Police Station Erf 1084 corner of St Stephens Rd & Central Sq. Application no. 169645. Applicant Tommy Brummer Town and Regional Planner. It is proposed to redevelop the property with a 4 storey mixed use development comprising a parking basement,shops, offices and flats. The title deed building line restriction and coverage will be encroached. In addition, the coverage, height of the building and width and position from the intersection of the vehicle entrance and exit will be encroached and will require departures in terms of the Pinelands Zoning Scheme Regulations.

Enquiries may be directed to Joy San Giorgio, Planning and Building Devt. Management, P O Box 4529 Cape Town 8000 (e mail joy.san\_giorgio@capetown.gov.za tel. 021 400 6453. ) Sketch plans of perspective views will be posted in the Ratepayers frame next to the Post Office at Howard Centre. The Ratepayers have a set of plans which may be viewed on request by e mail at pinelands.ratepayers@gmail.com.

**Closing date for objections:** On or before 22nd April 2009 with full reasons to be lodged in writing with:  
The Director, Integrated Environmental Management,  
Department of Environmental Affairs & Development Planning,  
Private Bag X 9086,  
Cape Town 8000.

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Contact Us: Tel: 021 532 2128 Email: [info@pinelandsdirectory.co.za](mailto:info@pinelandsdirectory.co.za) Web: [www.pinelandsdirectory.co.za](http://www.pinelandsdirectory.co.za)