



APRIL 2010

» email us » newsletter suggestions » unsubscribe

» We hope you enjoyed a wonderful Easter and Passover
 » As Autumn creeps in we've got some sunny suggestions for you
 » Win a gourmet celebration platter from Appetite Catering

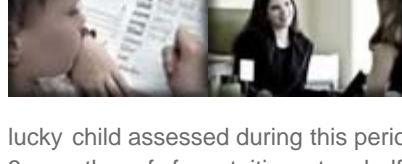
visit the Pinelands Directory website
www.pinelandsdirectory.co.za
 for more local news and information

Featured Business

EduHelp Pinelands
 We help children learn to read, write, comprehend and express

Win 3 months of educational tuition worth R3000 for your child with EduHelp's April assessment offer

Book an assessment for your child between the 12th and 23rd April 2010, when we are offering 50% off an EduHelp Assessment, including a Feedback Session.



One lucky child assessed during this period will win 3 months of free tuition: two half-hour sessions per week, a total of 24 sessions.

Being able to communicate effectively is essential to any child's development. EDUHELP reveals each child's individual potential and strengths to help them achieve socially and academically.

[more details...](#)

contact: *Melissa Joyce van Oordt* in Pinelands at 076 609 9574

Pinelands Property Showcase



The easy way to sell, rent or find your home in Pinelands has opened on our website. Showcasing your property is very affordable and convenient. Pinelands and Thornton are the main focus. Agencies & private sellers are both welcome. We have packages to suit both.

[Visit the Pinelands Property Showcase](#)

[download a brochure with details and pricing](#)

contact us at 073 644 1288 or info@pinelandsdirectory.co.za to show your property or promote associated services

Howard Centre Update



Visit the Howard Centre website on the Pinelands Directory

Flight Centre opened in March at the Howard Centre. Visit them at shop G15 for unbeatable deals on flights and holiday packages.

The new Banking Hall and Food Court under construction behind the screens is due to open in early May.

Good news about the toilets at the centre... A portion of the new section will be opening earlier and will provide access to the new toilets (located where the St Elmo's Pizza used to be).

Contrary to rumours, Joe Fish assure us that they are NOT moving and that their delightful pavement cafe will remain as is.

New stores due to open at the Centre include: Mr Price, Wimpy and Cell C. Some stores will also be moving to different locations.

Joe Fish's Greek Sister

Pinelandsers will know Joe Fish, the one-off, original seafood cafe with a lot of character and fanatical about food and service. But did you know that Joe Fish has a sister Greek Restaurant on our doorstep in Durban Road.



Yiassou, welcome to Greek. The style of food is simple, fresh and unfussy Greek. The dishes are generously portioned, with unpretentious plating and real flavour. breakfast, lunch & dinner, relaxed mediterranean dining, ideal for either a quick or lingering lunch.

[more details...](#) about greek

[more details...](#) about Joe Fish



Based in Pinelands, TSiBA Education assists scholars and potential students that would otherwise not have access to tertiary level education, by offering successful applicants full tuition scholarships. TSiBA partners with corporate and individual funders who sponsor operations and management of the institution. The TSiBA degree is fully registered and accredited by the Department of Education and the Council on Higher Education. TSiBA offers a unique Foundation Year Certificate in Business Administration followed by an enriched Bachelor in Business Administration focused on Entrepreneurial Leadership.

All lecturers, mentors, tutors and many of our administrative staff are volunteers who give of their time, each day, each week, each month through out the TSiBA year. If you are able to assist, TSiBA welcomes partners and donors as well as volunteers in academic, support services and resource fields.

visit the website for [more details...](#)

Competition Winners



The March Hot Stone Massage competition, sponsored by Top To Toe was won by Jenny Peers

[more details...](#)

THE BUSINESS NETWORK

April Meeting: **Wed 14th April**
 Special Guest Speaker: *Theresa Farelo*
 2009 Business Network's Topower of the Year talking about The Power of Networking.

When: Wed 14th April, 7:45 for 8am - 9:30am
 Venue: Grace's Coffee Shop, Howard Centre
 Cost: Members R80, Visitors R120, Light breakfast included.

Bookings: Nicola 076 817 6192
pinelands@businessnetwork.co.za

Out & About



Decorex Cape Town 2010 CTICC 23 - 27 Apr

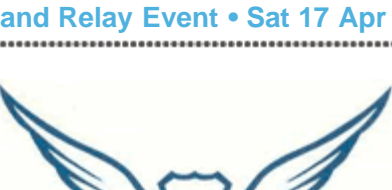
Breath of Fresh Air: Tender, calm & relaxing. Ushering in a new era of enlightenment, Decorex Cape Town 2010 brings a breath of fresh air to the world of interiors: guided by softness and beauty, it leaves our lives and homes energised for a fresh new start. Decorex Cape Town will once again show you why it's hailed as Cape Town's best forward focused décor and interior design event.

Some of the feature events at the show

- Crazy about Cacao - Love Chocolate Lounge
- Cutting edge kitchens & bathrooms
- Pick n Pay Living green pavilion
- The South African Handmade Collection
- DIY Décor

When: 23 - 27 Apr
 23rd: 1pm - 8pm, 24th - 26th: 10am - 8pm
 27th: 10am - 6pm
 Venue: CTICC
 Tickets: Adults R55
 Pensioners & scholars R45, Under 12 R5
 Details: www.decorex.co.za

Pinelands Athletics Club Craft Market and Relay Event • Sat 17 Apr



Pinelands Athletics Club will host a 6x6 Inter Club Relay and 5x6 Company Relay. There will also be a craft market and car boot sale on the day. The relay is pre-enty only - no entries accepted on the day. Craft market stalls are R60

When: Sat 17 Apr
 Times: Relays 1pm, Craft Market 10am - 4pm
 Venue: Pinelands Lower Oval
More Details and Entry Forms:
www.pinelandsathleticclub.co.za
 Tony Will 021 531 1578 or 072 783 4154
 Hayley Smith 082 774 0228 or stormsky@mweb.co.za

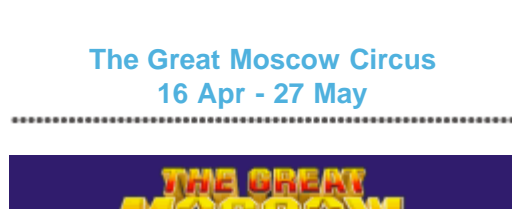
Pinelands Stamp Circle Meeting Wed 28 April



This will be a meeting with a difference with a series of Post Card exhibits, bringing back memories of yesteryear. One page stamp exhibits will have wind and the circus as the central theme. Anyone interested is most welcome to attend.

When: Wed 28 April at 7:30pm
 Venue: Activities Hall, Pinelands Library
 Contact: John Horner 082 556 7180

The Great Moscow Circus 16 Apr - 27 May



From the country that gave us Tchaikovsky, Pushkin and Pavlova, now comes the Great Moscow Circus. Billed as one of the finest circuses in the world, each performance will keep audiences on the edge of their seats with breathtaking acrobatic, aerobic and juggling feats. The Moscow circus does not use performing animals. Instead, visitors will be treated to a celebration of human mastery over physical limitations in a fantasy world of clowns, jugglers, trapeze artists, tight-rope walkers, acrobats, gymnasts and contortionists.

When: 16 Apr - 27 May
 Venue: Grand Arena, GrandWest, Goodwood
 Tickets: R65 - R260 www.computicket.com
 Special discounted tickets for children & pensioners.

Bake and Play Biscuit Baking Workshop at Oude Molen Wed 7 April



This workshop gives the kids the confidence and knowledge to bake their own biscuits as they learn through play and takes place from 9:30am to 12:30pm. Children between the ages of six to 12 are welcome. Bookings are essential

The Millstone Farmstall has a fantastic kiddie's garden with a tree house ship for pirate voyages for the boys. There is a Wendy House on stilts with a slide that is ideal for toddlers, and there are swings under a tree. Milly May, the resident friendly pig, is also waiting to make new friends! Kiddies can feed the horses or go on rides, and the farmstall also sells organic produce grown on the farm.

When: Wed 7 April 9:30am - 1:30pm
 Venue: Millstone Farmstall, Oude Molen Eco-Village, Alexandra Road, Pinelands
 Cost: R70 per child (includes light snack and organic lemonade)
 Contact: 021 447 8226, 082 407 8910
millstone@polka.co.za

Share with Us

Share Your Stories, Pictures, News and Ideas on our Website

What is this bird?
 Carol sent us this picture and asked if anyone can identify this bird for her. She is so excited but my wife reckons it's a Hoopoe (Lophophanes inquit). Anyone out there able to tell us more? click to email us

"This little bird was sitting in my garden this afternoon. I have never seen one like this before. Can someone identify it please? Thanks Carol"

Rene sent us an email to confirm that Carol's bird is an African Hoopoe.
 Thanks Rene

Got an interesting picture, story or idea? Send them to us at info@pinelandsdirectory.co.za
 We'd love to share them on our website www.pinelandsdirectory.co.za

Have a Laugh



Councillor's Column

Alderman Brian Watkyns has a page on the Pinelands Directory to report and comment on council matters. Current articles include:

- Athlone Cooling Towers to be demolished on Sunday 3 May
- Visit to Letchworth Garden City in UK

[more details...](#)

Cooking Inspirations



Roasted Butternut, Onion Marmalade and Feta Cheese Quiche

Shortcrust Pastry:

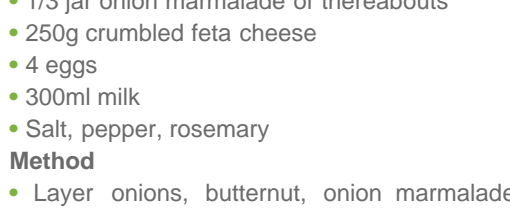
- Ingredients**
- 2 cups cake flour
 - 180gms butter - cold
 - 1 tsp salt
 - 50 - 75ml cold water
- Method (cheat's way)**
- Whizz the dry ingredients in food processor.
 - Dice butter, add to food processor and pulse until mix resembles fine breadcrumbs.
 - Add water, pulse together once or twice, then tip contents out onto counter and finish off pastry by hand.
 - Be very careful not to overwork pastry. Alternatively buy a roll of shortcrust pastry from the shops.
 - Leave the pastry to rest for about one hour. Roll out and line an 8" quiche pan. Chill the lined dish for one hour before baking blind at 180C for 15-20 mins.

Filling:

- Ingredients**
- 2 cups roasted butternut - peeled, diced and roasted in hot oven for about 45 mins with dash of olive oil, salt, pepper and rosemary
 - 2 - 3 sliced onions, sautéed in olive oil till soft
 - 1/3 jar onion marmalade or thereabouts
 - 250g crumbled feta cheese
 - 4 eggs
 - 300ml milk
 - Salt, pepper, rosemary
- Method**
- Layer onions, butternut, onion marmalade and feta cheese into the baked pastry case.
 - Whisk eggs, milk and seasoning together in a bowl and pour into the quiche pan.
 - Bake in hot oven for about 45 mins until custard is set.
 - Serve warm or cold. Delicious the next day.

Recipe by: **Clare Bock** of Appetite Catering. tel: 021 689 8547 or 082 412 7211

appetite celebrate the senses



Win a gourmet celebration platter for four, prepared by Appetite Catering to share with friends or family.

[enter the competition](#) on the Pinelands Directory website

Adopt - a - Pet

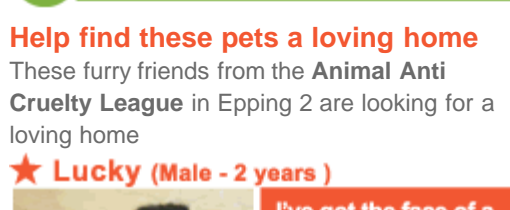
Help find these pets a loving home
 These furry friends from the Animal Anti Cruelty League in Epping 2 are looking for a loving home

★ **Lucky (Male - 2 years)**



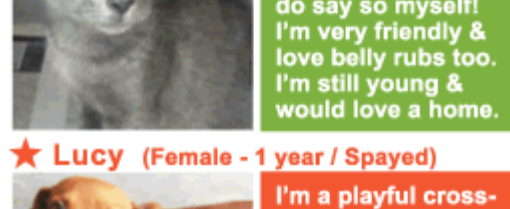
I've got the face of a border collie, a heart of gold, & the energy of a spring chicken. To top it all I come in a compact package & love balls & walks!

★ **Smoke (Male - 8 weeks)**



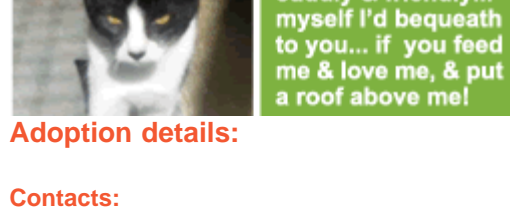
I have a lovely personality, even if I do say so myself! I'm very friendly & love belly rubs too. I'm still young & would love a home.

★ **Lucy (Female - 1 year / Spayed)**



I'm a playful cross-duchshund with a wonderfully sweet personality, I'm very loyal & love lots of attention. I've also been Micro-chipped.

★ **Tom (Male - 12 weeks old)**



Hi, I am here, waiting to meet you. I am cuddly & friendly... myself I'd bequeath to you... if you feed me & love me, & put a roof above me!

Adoption details:
Contacts:
 Address: 90 Bofors Circle, Epping 2
 Tel: 021 534 6426
 Web: www.aacil.co.za
 Email: joellenelaughton69@gmail.com

Adoption Fees

- Cats & Kittens : R200
- Large Dogs: R470
- Medium, Small Dogs & Puppies: R400 (incl. micro-chip, sterilization & vaccination)

Not looking to adopt but would like to help?
 The Animal Anti-Cruelty League are always looking for reliable volunteers.

Did You Know?

Who invented the light bulb?

No, it wasn't Thomas Edison. Light bulbs, in particular Starr's electric lamp, were in use 50 years before Edison applied for the patent in 1879. In addition, British inventor Joseph Swan was awarded a light bulb patent the previous year. Edison went on to make big bucks from the light bulb but Swan sued Edison for infringement and won. As part of the settlement, Edison was forced to take Swan in as a partner but later bought him out in the company that was to become General Electric.



In 1883, the US Patent Office ruled that Edison's patent on the light bulb might have been based on that of William Sawyer and was invalid. It is not that Edison stole the idea, he just came up with the same concept at more-or-less the same time. Thomas Alva Edison (1847 - 1931) filed 1,093 patents, including those for electric railways and the movie camera. He coined the phrase: "Genius is 1% inspiration and 99% perspiration."

What Do You Think?

Traffic parking at the library parking entrance at Howard Centre is a problem

The Pinelands Ratepayers Association Exco wants Logan Way to Forest Drive, one-way from Sheldon Way to Forest Drive, enabling cars to turn left into the library car park and exit left towards Forest Drive, thus avoiding the traffic congestion.



Do you agree that this is the best solution?

visit the Pinelands Directory website www.pinelandsdirectory.co.za and vote on our opinion meter.

We Welcome your Suggestions
 What would you like to see on the Monthly Muse and Pinelands Directory website?
 email us at info@pinelandsdirectory.co.za

Pinelands Library Online

The Pinelands Library website is hosted by the Pinelands Directory
 Connect with them online a www.pinelandsdirectory.co.za/library
 You'll find details of the library services, times, new books, book reviews and more.

Regular Children's Programme at the library
 Parents, grandparents and childminders are welcome.

Children's storytime
 (children aged 4-8)
 First and last Friday of the month
 from 15:45 - 16:45

Moms and Tots programme
 (children aged 2 - 4)
 First and last Wednesday of the month
 from 10:15 - 11:00.

Pinelands Ratepayers & Residents Association

Howard Centre
 At a meeting with Howard Centre, the PRRA Exco raised a number of matters of concern, in particular, Logan Way, which the Association insists should be one-way from Sheldon Way, enabling cars to turn left into the library car park and exit left towards Forest Drive, thus avoiding the traffic congestion caused by the present unsatisfactory system.

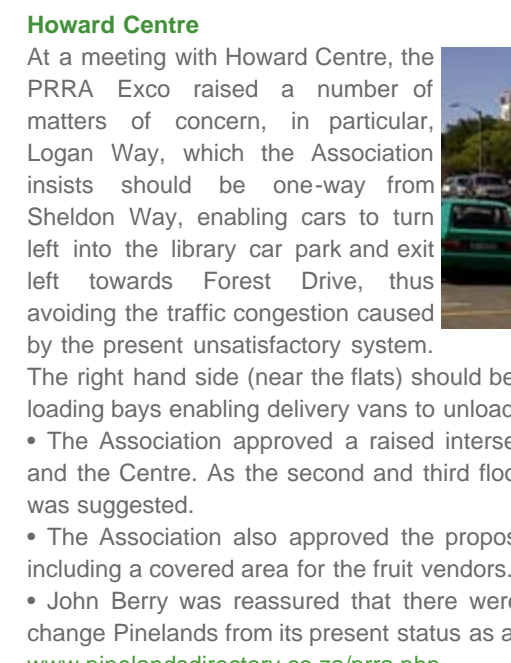
The right hand side (near the flats) should be used for parallel parking and the left for loading bays enabling delivery vans to unload directly onto the pavement.

• The Association approved a raised intersection between the multi-storey car park and the Centre. As the second and third floors of the car park are underutilised, a lift was suggested.

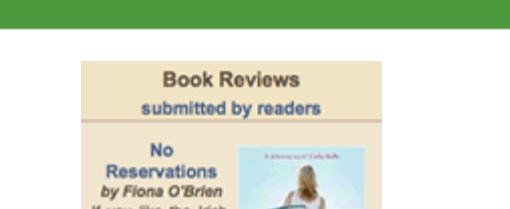
• The Association also approved the proposed plans to improve the library car park including a covered area for the fruit vendors.

• John Berry was reassured that there were no plans to introduce a bottle store or change Pinelands from its present status as a dry suburb.
www.pinelandsdirectory.co.za/prra.php

Pinelands Police & Neighbourhood Watch Meeting • 17 March.
 Topics covered included:
 Break-ins through the roof, Social crime prevention in schools, Sector Patrols, General safety measures, Child trafficking, Advanced Conflict Training, Electric fencing, Pinelands CID/SRA, The Jammie Shuttle and alternatives.
 Notes from this meeting are available on the Neighbourhood Watch & CPF website.
www.pinelandsdirectory.co.za/cpf.php



Book Reviews submitted by readers



Book reviews by readers are always welcome. Submit your own review to pinelands.library@capetown.gov.za and we'll publish them on the library website.

Pinelands Ratepayers & Residents Association

Visit the PRRA website at www.pinelandsdirectory.co.za/prra.php

Rates Valuation Meeting • Tuesday 23rd March.
 A Special General Meeting of the Pinelands Ratepayers' and Residents' Association was held at which Mr Christopher Gavor, Director, Valuations, was the main speaker. Topics covered include: Discrepancies in valuation, Reasons for objections, Lodging objections, Sectional Title properties, Gated communities, Pensioners' rebate & Community input. Notes from this meeting are available on the PRRA website. www.pinelandsdirectory.co.za/prra.php

Join the Association
 Pinelands Ratepayers' and Residents' Association exists to look after the interests of Pinelandsers. For an annual fee of R30 you can become a member and contribute to this service.

Download an Application Form
 or post your contact details to the Association together with payment.