



DECEMBER 09: this month we muse over:

» email us

» newsletter suggestions

» unsubscribe

- » Business Profiles
- » The Out & About Guide
- » Adopt-a-Pet

- » Recipe of the month
- » Pinelands Library Online
- » Pinelands Ratepayers News

Visit the Pinelands Directory Website
www.pinelandsdirectory.co.za
 for more local news and information

Business Profile



Turning Sunlight Into Savings!

Dedicated to providing sustainable solutions to South African households wishing to reduce their living expenses.

Solar Geysers • Shower Heads • LED Lights



Pinelands & Thornton Residents can take advantage of a no-obligation energy audit. Urban Solar will assess your shower efficiency, lighting and, if you wish, arrange a solar assessment.

(after hours, solar assessment separate)

[more details...](#)

Pinelands Property Launch on Pinelands Directory Website

Featured Properties in Pinelands

The Out & About guide



**Celebrate Terra Madre Day
 Pinelands Town Hall • Thur 10 Dec**

Celebrating a Green Christmas” Terra Madre Day is Italian for Earth Mother. In over 150 countries Slow Food is celebrating this day in honour of all producers of food, be it growing organic vegetables, fruit, herbs or preparing it as a traditional cook or an innovative chef.

The variety of stallholders we have on board are endless and justifies the demand for an event of this nature! Various sectors of the community, women and men farmers, young people, senior citizens, children are taking part either as stallholders or entertainers for the day! Beautiful handcrafted art and craft will be on sale as part of the Christmas Market which includes cakes, biscuits, tree decorations, gift boxes and many more items!

When: Thur 10 Dec: 12pm - 9pm
Venue: Pinelands Town Hall, St Stephens Road, Pinelands
Contact: Petrina on 083 281 7198 or 021 761 2373 or email: mengos@mweb.co.za
www.mengos.org.za
www.slowfood.com

**Pinelands Players Present
 A Christmas Carol - A Pantomime**

The Pantomime is back in town!

Experienced director, Kyla Thorburn has returned to Pinelands Players to direct this well scripted piece by Alistair Clinton. All the best elements of a traditional pantomime have been woven into Charles Dickens's tale of greed turned to charity. As the mean, money-grabbing Scrooge, Shaun Browne will keep the audience booing until his epiphany softens the heart of all. Flanking



Get Cookin!



**Baked Cheesecake
 8 to 10 slices**

Ingredients:

Crust

- 2 cups ground tennis biscuits
- 4 TBS white sugar
- 4TBS melted margarine or butter
- 3 tsp ground cinnamon

Cheesecake

- 500g cream cheese
- 2 TBS cake flour - sifted
- 2 TBS maizena - sifted
- 1 tsp vanilla essence
- 1 TBS lemon juice
- 2 large eggs
- 1/2 cup plain yoghurt
- 1 cup castor sugar
- 1 cup cream – whipped
- 1/2 TBS mixed cinnamon and sugar to sprinkle on top of cheese

Directions:

- 1 • Heat the oven to 175C.
- 2 • Process the tennis biscuits with sugar, cinnamon and melted margarine in the magimix until the smooth. Using a round 8” cake tin with removable sides, grease the sides and base of the tin, and line the tin with the biscuit mixture, use the back of a spoon to flatten the mixture against the sides and base of the tin.
- 3 • Bake the crust for about 10 minutes, take out of the oven and put to one side.
- 4 • Combine the cream cheese, maizena, flour, lemon juice, vanilla essence and sugar, taking care not to overbeat the mixture. Beat the eggs together and add to the cream cheese mixture with the yoghurt. Fold the whipped cream into the mixture. Pour the mixture into the cake tin and sprinkle the cinnamon and sugar over the top of the cheesecake.
- 5 • Bake at 175C for 30 minutes, lower the oven to 160C and bake for a further 45 minutes. The cake should be a bit wobbly and the mixture sticks to the cake skewer. Turn off

Pinelands Directory is soon to launch an online Property Section. You'll find a selection of properties for sale or rent from both estate agencies and private sellers. An easy way to find, sell or rent your dream home, all in one place.

Pinelands and Thornton will be the main focus, but surrounding areas will also be available. We aim to make the service very affordable and convenient. We'll also feature useful tools and articles about property in the area.

Interested in listing your properties here or advertising associated services?

Contact us for more details prior to launch at 073 644 1288 or email

info@pinelandsdirectory.co.za

Howard Centre Update



Upgrade programme for December at the Howard Centre



The Howard Centre thanks visitors and tenants for their patience and understanding during this difficult time with the dust, noise and disruptions. The result, though, will be worth the wait

- With the completion of the enlarged clothing section at Woolworths, the next phase is progressing with a further extension of the clothing section and a homeware section. The food hall will also be enlarged when the office space is moved upstairs.
- The new entrance is open and should be fully completed this month. The new lift is now operating and a temporary staircase is also open.
- Floor tiles are being replaced. Building dust has made some tiles somewhat slippery, but the tiles have been treated to counter this and they should not be a problem when building is completed. Regular cleaning of dust is being done in the meantime.
- Many of the storefronts have been replaced with more uniform wide entrances allowing better window displays. Shopkeepers are busy refurbishing their entrances
- Construction will stop on the 15th December for the builder's holidays.

visit the Howard Centre website for more...

The Pharmstore Delivers Affordable Vitamins To Your Door

Scrooge will be two "Dames" Sally Slapan and Tina Tickle (Clifford Graham and Greg Tinney) their antics will bring the house down. The story is narrated by Charles Dickens himself (Dennis Benneyworth). To add local flavour the story has been set in the village of Pinelands in the latter 19th century with a lot of contemporary references. Musical direction is by Bill Holland and choreography by Kim Harris-Dalla.

When: 4 to 19 December.

Venue: The Little Theatre, UCT Hiddingh Campus

Tickets: R80 for adults and R40 for children under 12.

To book: phone 072 923 1035 or email bgough@telkomsa.net

Pinelands Craft & Gift Fair On Now Until Sat 5 Dec

Find a gift for your child's teacher, do your Christmas shopping or spoil yourself with some of the creative and delicious items on the Market.



Restaurant & Coffee Shop open for tea, coffee, light snacks and a meal of the day. We accept debit and credit cards.

When: Wed 25 Nov - Sat 5 Dec

Weekdays: 10am - 8pm, **Sat:** 9am - 5pm

Venue: St Stephen's Church Hall, Central Square, Pinelands

Contact: Chris / Priscilla Smith 021 531 6524 or 083 452 1807

Get Your Christmas Cake From Pinelands Lions

The Pinelands Lions are selling Christmas cakes once again. The cost this year is R55. They are un-iced and alcohol free. All proceeds go to Lions charities.



To order contact: Janine on 021 531 0678

or email pinelandslions@gmail.com

You can also buy your cake at Babu's Footwear at the Howard Centre. Support the Lions Charities by buying one at Babu's and have a look at the great range of quality shoes while you're there.

Aqua Festival V&A Waterfront • 15 Dec - 6 Jan



A 3 week music and entertainment festival with world-class local and international performers. Set on a floating stage in the harbour, with Table Mountain providing the most exquisite backdrop. AQUAFestival will

the oven and leave the cake to cool in the oven for another 30 minutes. Garnish with berry coulis and mint

Recipe by: Clare Bock of Appetite Catering. tel: 021 689 8547 c: 082 412 7211



Thornton Methodist Church Christmas Celebrations

15 Dec: Carol Service

Join us for caroling in Thornton starting at 6pm from Thornton Methodist Church. Wear your warm clothes and come prepared to share some Christmas cheer.



20 Dec: Community Fair & Carol Service

Join us from 3pm at Thornton Primary School field for a day of family fun, games, eats and treats, including pannekoek, boerewors and potjie. The event will close with an open air Christmas carols service.

Contact: 021 534 5839 or

e-mail: thorntonmeth@absamail.co.za

Adopt-a-Pet

Help us find these pets a loving home

These furry friends from the Animal Anti Cruelty League in Epping 2 are looking for a loving home

★ Cinderella (Female - 1 year old)



Hi! My name is Cinderella. I'm a Pom cross, very loving to anyone I meet & in search of my perfect fit.

★ Peter Pan (Male - 1 year old)



Hi! I'm Peter Pan, a Pom cross & just as loving as my sister Cinderella. Love me & I'll give you love & affection in return.

★ Roxy (Female - 1 year old)



Hi my name is Roxy, I'm a Collie cross. My riches is my heart of solid gold & I'm looking to share all of it.

★ Patch (Male - 2 years old)



Patch is the name! Pitt-bull is the kind! but don't be fooled, the only thing I'll do is LOVE you to bits.

See adoption details below:

*your daily health
safe and easy*

Evening Primrose Oil • Calmag C • Omega 3
Spirulina • Immunoblast Plus • and more

NEW: Flaxseed Capsules

vegetable source of Omega 3, 6 and 9 with essential fatty acids to help promote healthy cardiovascular and immune systems.

order by phone 021 531 1341

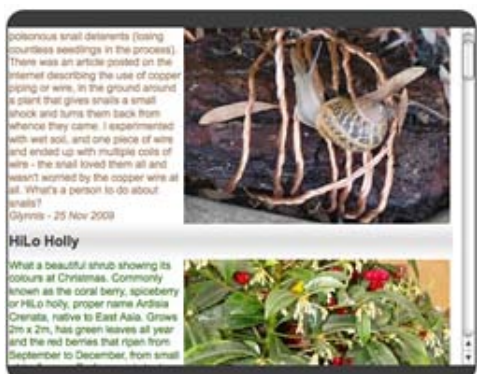
visit our online store 

Free delivery in Pinelands
or collect at 7 Howard Studios
(behind Pinelands Library)

Pharmaceutical Enterprises, established for 25 years, is an independent, family-run company in Pinelands that makes registered and over-the-counter pharmaceuticals, vitamins and toiletries.

more details...

**Share Your Stories And Pictures
With Us On Our Website**



poisonous small detritus (losing countless seedlings in the process). There was an article posted on the internet describing the use of copper piping or wire. In the ground around a plant that gives snails a small shock and turns them back from whence they came. I experimented with wet soil, and one piece of wire and ended up with multiple coils of wire - the snail loved them all and wasn't scared by the copper wire at all. What's a person to do about snails?
Glynis - 25 Nov 2008

Hilo Holly
What a beautiful shrub showing its colours at Christmas. Commonly known as the coral berry, spiceberry or Hilo holly, proper name *Ardisia Crenata*, native to East Asia. Grows 2m x 2m, has green leaves all year and the red berries that ripen from September to December, from small

Got an interesting picture, story or idea?

Send them to us at

info@pinelandsdirectory.co.za

We'd love to share them on our website

www.pinelandsdirectory.co.za

showcase opera, ballet, jazz, rock, pop, tribute shows and a daily circus..

Performances include the 53-piece Cape Town Philharmonic Orchestra, Cape Town City Ballet, home grown international performers like FreshlyGround, Johnny Clegg, the Parlatones and the legendary Ladysmith Black Mambazo. See Jazz icons Judith Sephuma, Robbie Jansen and Gavin Minter as well as several international guest performers perform their special music magic on this unique setting. From Tribute Shows like AQUAbba to H₂Opera and AQUACircus - there will be entertainment for young and old alike.

- 15, 16, 17 Dec: H₂Opera
- 18 Dec: The Parlatones
- 19 Dec: Freshlyground
- 20, 21 Dec: Homage to Mariam Makeba
- 22 - 24 Dec: AQUACarols
- 26 - 28 Dec: Johnny Clegg
- 16 - 31 Dec: Zip -Zap AQUACircus
- 29 - 31 Dec: AQUAbba
- 1 Jan: AQUAJazz
- 2, 3 Jan: AQUABallet
- 4 - 6 Jan: Ladysmith Black Mambazo

When: 15 Dec - 6 Jan
2pm to 3pm: AQUACircus
8pm: Evening performances
Tickets: Computicket
More Details: www.aquafestival.com

Councillor's Report

Alderman Brian Watkyns has a page on the Pinelands Directory to report and comment on council matters.



Current articles include:

- Artist's proposal for Athlone Cooling Tower
- Pinelands Residents can comment on the draft Problem Building By-law

visit the website at
www.pinelandsdirectory.co.za/council.php

Community Policing Forum

Did you know that the Pinelands CPF has a page on the Pinelands Directory website where you can find useful advice and information to help keep you safe?

Current articles include: Avoiding festive season crime, fraudsters and scams, drugs fact file, arrest & conviction statistics and more...

visit the website at
www.pinelandsdirectory.co.za/cpf.php

Contacts:

Address: 90 Bofors Circle, Epping 2

Tel: 021 534 6426

Web: www.aacl.co.za

Email: jolenne.laughton69@gmail.com

Adoption Fees

- Cats & Kittens : **R200**
- Large Dogs: **R470**
- Medium, Small Dogs & Puppies: **R400** (incl. micro-chip, sterilization & vaccination)

Not looking to adopt but would like to help?

The Animal Anti-Cruelty League are always looking for **reliable volunteers** on a daily basis!

Voice your Ideas

Local artist Michael Elion has an eye-catching proposal to cover the Athlone cooling towers in fabric printed with the South African flag.

What do you think about that?

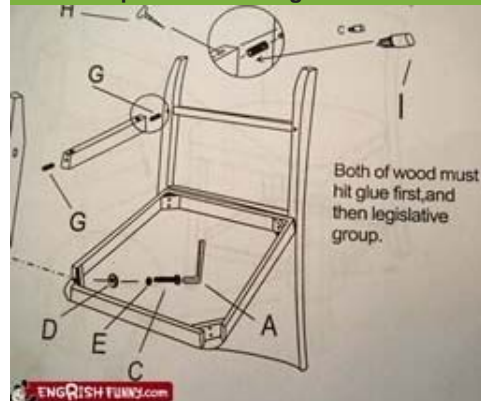
visit the Pinelands Directory website
www.pinelandsdirectory.co.za
See pictures, vote on your opinion and post your comments.

Email us your suggestions...

What would you like to see on the MonthlyMuse and PinelandsDirectory website?

Be Amused!

Darling, why is it taking so long to put that chair together?



Timing is Everything!

Pinelands Library:
Mon 9:30-20h00 Thu: 9:30-17:30
Tue 9:30-17:30 Fri 9:30-17:30
Wed 12:00-20:00 Sat 9:30-12:00
Clicks Pharmacy: (Central Square)
Weekday 8:30-20:00 Sun 9:00 - 20:00
Sat 8:30-20:00 Pub Hols 9:00-20:00

Pinelands Library Goes Online

The Pinelands Library website is hosted by the Pinelands Directory

Connect with them online at www.pinelandsdirectory.co.za/library
You'll find details of the library services, times, new books and much more.

Regular Children's Programme at the library

Parents, grandparents and childminders are welcome.



Children's storytime

(children aged 4-8)

First and last Friday of the month
from 15:45 - 16:45

Moms and Tots programme

(children aged 2 - 4)

First and last Wednesday of the month
from 10:15 - 11:00.



Pinelands Ratepayers News



Visit the website at www.pinelandsdirectory.co.za/prra.php

Topics include:

- Special Rating Area (CID)
- The functions and benefits of the Association
- Building Developments
- Jammie Shuttle and UCT students
- Poisoned dogs
- Recycling
- Non-delivery of Tatler and People's Post

Join the Association

Pinelands Ratepayers' and Residents' Association exists to look after the interests of Pinelanders. For an annual fee of R30 you can become a member and contribute to this service.

Download an Application Form

or post your contact details to the Association together with payment.