



SEPTEMBER 09: this month we muse over:

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Visit the Pinelands Directory Website
www.pinelandsdirectory.co.za
 for more local news and information

Business Profile



The Pharmstore Delivers Affordable Vitamins To Your Door

Calmag C • Evening Primrose Oil
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 Hair, Nail & Skin Tablets

September Special Offer
 Receive a free gift of one of our other products with each order that includes Neurotone, a unique nutritional formula which helps to combat the stress and strain of modern day living.

[click for more details & prices](#)

FREE delivery in Pinelands!

order by phone or online
 021 531 1341
www.pharm.co.za/store.php

THE BUSINESS NETWORK
 Next Meeting – 23 Sept 2009

The Business Network is a platform for entrepreneurs, business people and like minded individuals to learn, to teach, to market their business, to be inspired, uplifted and encouraged by the energy that is created at the Network, to share ideas and to help and promote those that attend.

When: 23 Sept 2009, 7:45 for 8 - 9:30am includes a light breakfast

Venue: PinelandsLibrary Hall

Contact: To receive an invitation to the next Pinelands Business Network please send an email to pinelands@businessnetwork.co.za or call 076 817 6192 (9am – 3pm)
www.businessnetwork.co.za

The Out & About guide



Simon's Town Penguin Festival

Waddle down to Boulders Beach and help to preserve some of the most precious little tux-wearing tykes on the planet! **ALL proceeds go to support SANCCOB.**

Celebrate African Penguin Day (26 Sept), a SANCCOB international initiative, to raise awareness of this much loved and "vulnerable to extinction" species. One of the highlights of this year's festival will be a beach release of penguins rehabilitated at SANCCOB at 10am on Saturday 26 September.

The festivities, for adults and children alike, will be centered around Boulders Beach and the parking area outside the Boulders Beach Lodge and Restaurant. The 2009 programme offers festival-goers a chance to get out there and do something good while having some fun. An added bonus is that every year on this very weekend the whales turn up in the bay, as if to say "we're watching you".

When: 25 - 27 Sep : 10am-5pm

Venue: Boulders Beach, Simon's Town

More Details: www.sanccob.co.za



Pinelands High School Presents A Gala Music Evening

All the school's different bands, ensembles and choir groups will be playing and singing a wide variety of music, including songs from our recent production of "District Six" and the

Get Cookin!



Creme Brulee - Serves 8

Ingredients:

- 3 cups cream
- 1/3 cup castor sugar
- 6 XL egg yolks
- 1 tsp vanilla essence
- extra castor sugar for caramelizing

Directions:

- 1 • Heat 3 cups cream slowly till just warm. Add sugar to cream and stir until sugar has dissolved.
- 2 • Beat 6 XL egg yolks until pale in a mixer. Gradually add the scalded cream. Stir in 1 tsp vanilla essence. Strain the mixture and pour into 8 cocotte dishes.
- 3 • Place the cocotte dishes in a roasting pan with enough boiling water to come halfway up the sides of the cocottes.
- 4 • Bake at 160C for 30 minutes or until the custard has just set. Cool, then chill well.
- 5 • Before serving, sprinkle 1 Tablespoon of castor sugar over each custard. Place in a roasting pan filled with ice, then slide under a hot grill until the sugar caramelises or use a blow torch to brown the sugar

Recipe by: **Clare Bock of Appetite Catering.**
 tel: 021 689 8547 c: 082 412 7211



Adopt-a-Pet

Help find these pets a loving home

New!
Councillor's Report from Brian Watkyns on the Pinelands Directory



Alderman Brian Watkyns now has a site on the Pinelands Directory to report and comment on council matters.

Current articles include:

- City acting against illegal businesses in residential areas
- Deadline for applying for rates rebate extended to 31 Oct 2009
- Law Enforcement in Pinelands
- Athlone Settlers Way Waste Facility
- Draft Animal By-Law for Public Comment
- Condition of the River Reserve
- What you should know about Swine Flu
- Pinelands History: Clay Put to Good Use

Visit the Councillor's Report website at www.pinelandsdirectory.co.za/council.php

musical "Les Miserables"
When: Fri 18 Sep at 8pm
Venue: Baxter Concert Hall
Tickets: Available from the School Shop. Prices range from R60 to R80, with a R20 discount for students and pensioners (R60 seats only)
Contact: 021 531 7410



Theatrecraft Drama Group Presents "The Space Machine" at Pinehurst Primary

Nearly 100 Theatrecraft Drama pupils from Pinehurst will present "The Space Machine", produced by Paula Pursch and enthusiastically performed by the Grade 1-7 Theatrecraft drama pupils.

The story is about finding a space machine that transports the children (and the audience) to other planets. The costumes are wild & bright and all the props and set are made out of recycled junk... gold sprayed vacuum cleaners, TV's coffee tins, fairy lights, motherboards, braai grids, aerials and pool tubing abound!

When: 10 - 12 September at 7pm
Venue: Pinehurst Primary School
Contact: Tickets are available at the door or from Pinehurst school during the week before the shows

★ **B.B** (Male Tabby Cat -1 & a Half Years)



Ladies love me 'cos I'm such a charmer. So if you're looking for a gentleman, I'm your perrrrfect match. I'm neutered.

★ **Grumpy** (Male Cross Breed - 1 Year)



Yes, I am Grumpy but if you make me yours I'll be Happy 'cos I long for attention, & Snoozy when I'm on your lap. I'm neutered.

★ **Tallie** (Male Cross Boxer - 1 Year)



If you're looking for a pot of gold, don't bother. Rather adopt me... I've a heart of 24 carat gold, & a weakness for biscuits!

★ **Smoky** (Female Calico - 11 Months)



I'll a loyal soul that will follow you wherever you go! I'm affectionate & won't leave your side. I've already been spayed.

See adoption details below:

Contacts:

Address: 90 Bofors Circle, Epping 2
Email: jolenne.laughton69@gmail.com
Tel: 021 534 6426
Web: www.aacl.co.za

Adoption Fees

- (incl. micro-chip, sterilization & vaccination)
- **Cats & Kittens :** R200
 - **Large Dogs:** R470
 - **Medium, Small Dogs & Puppies:** R400

Not looking to adopt but would like to help?

The Animal Anti-Cruelty League are always looking for **reliable volunteers** on a daily basis!

Looking for Pottery Classes in Pinelands

A reader has asked us if there are any pottery classes in Pinelands where wheel work is available. We don't know of any, so if you offer classes or know someone who does, please let us know by emailing us at info@pinelandsdirectory.co.za



Send us your Spring Photos

So Spring is here (or is supposed to be). Time to start looking forward to those long warm days and packing away the jerseys.

Voice your Ideas

This month we're keen to know What attracts you to Pinelands, and What you think Pinelands really needs

visit the Pinelands Directory website www.pinelandsdirectory.co.za
Vote on these questions and post your comments

Email us your suggestions...
 What would you like to see on the MonthlyMuse and PinelandsDirectory website?

Be Amused!



Timing is Everything!

Pinelands Library:

Mon 9:30-20h00 Thu: 9:30-17:30
 Tue 9:30-17:30 Fri 9:30-17:30
 Wed 12:00-20:00 Sat 9:30-12:00

Barnett's Pharmacy:

NOORDHOEK FARM VILLAGE Spring Activities for kids

5 Sept: Spring Fair

Celebrate spring with home made lemonade, balloons and face painting. Carnival games will be on offer at minimal cost to test the co-ordination and motor skills of your little ones. Flower arranging competition – kids should bring an interesting container for their arrangement – old wellington boots, ceramic pots. Prizes for the winners.

12 Sept: Magic Show

Meet Vegas the bunny at the Noordhoek Farm Village magic show. Our magician will make Vegas appear and disappear in the rabbit in the hat trick. Other astonishing tricks will enthrall and captivate your children. Thrilling magic tricks as well as balloon art and facepainting

19 Sept: Treasure Hunt

Weekday 8:30-20:00 Sun 9:00-13:00
Sat 8:30-13:00 Pub Hols 9:00-13:00
Clicks Pharmacy: (Central Square)
Weekday 8:30-20:00 Sun 9:00 - 20:00
Sat 8:30-20:00 Pub Hols 9:00-20:00

Come dressed as treasure hunter and search Noordhoek Farm Village for the treasure. Kids will need to decipher clues, follow directions and search the village to find the grand prize. The hunt could take you past the old fashioned candy store or via the bakery. They could meet a toad or discover new clothes or toys en route to the treasure trove. But the mystery is there to be solved.

26 Sept: Foods of Africa

Heritage day is on the 24th September and to celebrate our South African background the kids events at Noordhoek Farm Village will have samples of foods of Africa, featuring some of our South African traditional dishes. The puppet show will feature characters from South Africa and the face painters will have traditional patterns to bring our South Africa heritage alive.

When: Every Saturday from 10h30 - 12h30

Venue: Noordhoek Farm Village

Contact: 021 789 2812

www.noordhoekvillage.co.za

We'd love to share some of your Spring photos on the Pinelands Directory website. Send them to us at

info@pinelandsdirectory.co.za

We'd appreciate it if you could reduce your photo file size to under 1MB.



Pinelands Library Goes Online

The Pinelands Library website is hosted by the Pinelands Directory

Connect with them online at www.pinelandsdirectory.co.za/library

You'll find details of the library services, times, new books and much more.

- See some new book reviews sent in by readers, and send us your own for publishing.
- There's also a review of author Rayda Jacob's Creative Writing workshop held last weekend at the Pinelands Library.
- Read all the books by your favourite author? Then have a look at "Who Writes Like" on the website to find other authors who like books like them.



Pinelands Ratepayers News

The Pinelands Residents and Ratepayers and Residents Association website is on the Pinelands Directory

New articles on the site include:

You may have seen in the Councillor's Report that Pinelands has been allocated 2 extra Law Enforcement Officers to enforce by-laws and regulations in our area including dumping, illegal parking, unlicensed vehicles, vagrancy, dogs, etc. They have initially been active in the Central Square area, but will be branching out around Pinelands. Residents are advised to not park illegally, especially on verges, and to respect the parking time limits to avoid fines. You are also advised to warn your visitors who may not be aware of this. A surprising number of unlicensed vehicles have also been noticed and action continues to be taken on this.



There have been some requests from residents for traffic slowing measures at dangerous intersections and pedestrian crossings.

What are your thoughts on this?

- Are sleeping policemen (speed bumps) the best way to deal with this?
This is the usual approach, but do you think it is the best one?
- Would stationing a real policeman at problem areas periodically be better?
Would speeding return as soon as they leave?
- Do you have your own idea for a better solution?

Visit the PRRA website at www.pinelandsdirectory.co.za/prra.php and give your opinion on this.